



North East Family Medicine
Suite 1, 90-100 Ovens Street, Wangaratta, Victoria, 3677
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We prefer to receive correspondence in electronic format

PATIENT INFORMATION INTRAUTERINE DEVICE (IUD) INSERTION

We would like to ensure your IUD insertion experience is as straightforward as possible. Please ensure that you have read this information before you attend for your IUD appointment. If you have any questions, feel free to call us: (03) 5723 5400.

IMPORTANT: IT IS NOT SAFE TO INSERT AN IUD IF THERE IS A CURRENT RISK OF PREGNANCY

Prior to your appointment:

- Until your IUD is inserted: do use an effective method of contraception. - please use condoms in addition one week prior to appointment if using contraception, and from your last period if not using other contraception
- Do not rely on withdrawal or natural methods of contraception.
- If we need to call an ambulance following insertion of your IUD (this is very rare) and you do not have ambulance transport cover you may incur significant additional costs
- Watch the video provided by North East Family Medicine

On the day of your appointment:

- Ensure you eat as normal; an empty stomach is not necessary
- Take anti inflammatory medication (Ibuprofen/Naproxen/Diclofenac) an hour prior to your appointment time
- Leave an hour for the appointment
- Have someone drive you home incase you feel unwell
- Please do not bring any children to the appointment
- Bring your IUD to the appointment

Other concerns and risks to be aware of:

- Sometimes the doctor is unable to get the IUD into place.
- The doctor might make a hole in the wall of the womb (1 in 1000 insertions). The IUD can pass through the hole and will need to be removed by keyhole surgery. This risk is higher in women who are up to 9 months after having a delivery (1 in 300 insertions)
- The IUD can fall out
- You might develop an infection (1 in 300)
- The IUD might fail; if you become pregnant see a doctor as soon as possible

We are not able to accommodate children in an IUD appointment.

Cost: The cost of having an IUD fitted will be :

1. a **\$75 (including GST)** facility fee paid directly to the clinic on the day
2. a further out of pocket charge of **\$116.35** for the doctors time

Total out of pocket cost = \$191.35 with up-front cost approximately \$200 and the rebate is paid back into your account same day

Please note: whilst the risk of an IUD being unable to be inserted is very low, in the event this does occur we are unable to reimburse any device/dispensing fees and additional fees may be incurred if a second and/or alternative device is selected.